



Recipes

Whether you are hosting a crowd for dinner
ladies for lunch
or a last minute brunch

These simple recipes are sure to please.

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CROCK POT MEXICAN CHICKEN

INGREDIENTS

- 1 lb boneless skinless chicken breast
- 1 packet taco seasoning
- 1 jar salsa
- 1 can black beans drained and rinsed
- 1 can rotel drained



INSTRUCTIONS

In crockpot add chicken (can be frozen), taco seasoning and full jar of salsa.

Set on low and let cook 7 hours

-when there is 30-60 minutes remaining, add the black beans and rotel

-Shred the chicken!

-serve over rice or

serve with tortillas or hard shells, and make it a taco bar with guacamole, shredded lettuce, salsa, jalapenos, cheese, whatever toppings you want!

Serves 2-4 adults

Double or Triple the recipe for an easy meal for a crowd.

GREEN CHICKEN CURRY FOR A CROWD

Ingredients

- 2 jars thai green curry
- 1 TBS minced garlic
- 4 cans coconut milk
- 1 box Vegetable broth
- 40 oz bag of frozen chicken breasts
or tenderloins thawed and cut into
bite size pieces
- 1 bag shredded carrots
- 2 zucchini sliced thin
- 1 onion halved and
sliced thin
- 12 servings cooked rice



Instructions

In large stock pot brown curry and garlic in 1 TBS oil (sesame preferred, but veg/olive ok)

Add liquids and bring to boil

Add chicken and cook 15 minutes

Add vegetables and cook until veggies are tender and chicken is cooked through.

Serve over cooked rice

LADIES LUNCHEON CHICKEN SALAD

Ingredients

4 boneless skinless chicken breasts
cooked and shredded

Or 3 12.5 oz cans chicken

6 oz. cream cheese softened

$\frac{1}{2}$ C quality mayonaise

10 oz crushed pineapple

Juice of 1 lemon

$\frac{3}{4}$ t celery salt

$\frac{1}{2}$ C seedless grapes halved

$\frac{1}{3}$ C almond slices

Instructions

Combine cream cheese, mayo,
lemon juice and celery salt

Blend in shredded chicken,
pineapple, grapes and almonds

Refrigerate for at least 1 hour

Serve with crackers
or on a croissant



QUICK BREAKFAST BAKE

Ingredients

1 8 oz can refrigerated crescent rolls
8 oz your choice of meat: Ham,
bacon, breakfast sausage chopped
6 eggs
½ C milk
½ t pepper
2 C shredded cheese

Instructions

Heat oven to 350F
Unroll crescent rolls in a 9x13 pan
Firmly press seams together
Sprinkle your choice of meat over the
crescent rolls
Beat eggs, milk and pepper in bowl
Pour into pan
Top with choice of cheese
Bake 25 minutes or until center is set

